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Exam 2: NUR163/ NUR 163 (NEW 2023/ 2024) Concepts of Practical Nursing in the Care of Elderly Patients Exam PREP| Questions and Verified Answers| 100% Correct – Hondros

QUESTION

Patients who experience decreased mobility often experience which emo- tions?

Answer:

- Helplessness
- Frustration and anger
- Anxiety
- Decreased self-worth

QUESTION

An elderly patient who weighs 265 pounds is concerned about being at risk for heart disease. Which primary health promotion activities will help alleviate stress

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Answer:

- Attending a class at the local YMCA entitled "Eating well...Your heart will Thank you!"
- Identify physical activities that will help in bringing a feeling of "Wellness"
- Learning relaxation techniques

QUESTION

Patient present to the Emergency Department (ED) with elevated temper- ature of 104 degrees. Throbbing headache, rapid heartbeat, and behavioral changes. The nurse
suspect which of the following diagnosis?

Answer:

Heatstroke

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QUESTION

65-year-old patient presents in the Emergency room (ER) with complaints of dizziness, nausea, and increased urinary retention that started in the first

hour. The patient's vital signs are 158/82, 92, 22, and 98.5 Which should be the most appropriate action by the
nurse?

Answer:
Ask the patient. "Are you experiencing any stressors in your life?"

QUESTION

An older patient has recently moved to a long-term care facility after the death of their spouse. After hearing the patient make comments such as "I am so tired" and "What's the point" The nurse is concerned the patient is suffering from which of the following

Answer:
Depression

QUESTION

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Patient in a long-term care facility verbalizes fears about attending the facilities upcoming 50-year celebration. The patient explains they are easily startled by loud noises, and the event is not extremely important to them. Which would be the best response by the nurse?

Answer:
If the event is not important to you and cause you fear, how do you feel about avoiding the event?

QUESTION

The LPN is educating an older adult patient about the benefits of regular exercise. Which patient statement indicates they understand the benefits of exercising?

Answer:
should complete 30 minutes of moderate exercise each day"

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QUESTION

An older adult patient who has rheumatoid arthritis wants recommenda- tions on how to get daily exercise. Which response by the nurse would be the most appropri- ate?

Answer:

You should try swimming. It eases movement"

QUESTION

New patient informs the nurse that walking has become more difficult. The nurse should collaborate with which team member?

Answer:

Physical therapy

QUESTION

The LPN is educating a patient with congestive heart failure about method that can be used to conserve energy. Which statement by the patient indicates a need for further education?

Answer:

"I should take a rest break only after I complete my morning care

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QUESTION

The LPN is teaching a patient about risk factors related to altered activity tolerance. Which statements by the patient indicate risk factors?

Answer:

- watch documentaries
on television most of the day"
- "My wife died six month ago and I have been feeling down
- "I have been eating less food over the last six months

QUESTION

A patient is refusing their scheduled physical therapy. Which nursing action would be the most appropriate?

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Answer:
Access patient for pain

QUESTION

The nurse is caring for an older patient who has intermittent diarrhea, dry mouth, and low urine output. The nurse would expect which assessment finding?

Answer:
Fluid volume deficit

QUESTION

The nurse is providing stress education to a group od elderly patients. Which assessment finding may indicate that a patient is experiencing moderate to

severe stress?

Answer:
- Anxiety
- Feelings of vulnerability
- Exhaustion

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QUESTION

The unlicensed assistive personal (UAP) is caring for an elderly diabetic patient who is at risk for skin breakdown. Which education reminders would the nurse give the UAP who is preparing to give the patient a bed bath

Answer:
- Avoid using hot water
- If repositioning uses a draw sheet to lift the patient up in bed
- Dry the skin thoroughly
- Allow the patient to assist as much as possible

QUESTION

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